



## Get to know me!

How I feel pain:

Things that upset me:

My name:

My birthday:

My caregiver(s) name(s):

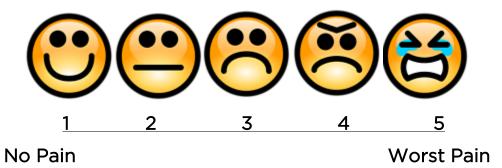
My medications and medical history:

Things that help me be calm:

My favorite things:

Best way to communicate with me:







Point to where it hurts

## What I need:

