

Social Story: A Trip to the Dentist



The day of our trip to the dentist, I will wake up and eat breakfast like I always do.



Afterwards we will brush my teeth, get dressed, and get into the car to drive to the dentist office.



The dentist office has lots of nice people there that will say hello to me and smile at me because they are nice and want me to be happy.



I will wait in the waiting room with my Mommy or Daddy until my name is called.



I will keep my body safe by reading a book, playing on my ipod, or sitting on my mommy's lap.



The dentist assistant will call me in when it is my turn to sit in a big chair.





If this is my first visit, I may be able to sit on mommy's lap. I might also get to wear some special sunglasses! Mom or Dad can also sit next to me



There may be a buzzing noise from the teeth cleaner, if I get nervous I can squeeze my mommy or daddy's hand and they will ask the dentist's

helper to stop so I can take a break.



When the dentist is done, I will have nice clean and shiny teeth. Then the dentist will come in and count my teeth.



NOW MY TEETH ARE CLEAN!

I did a good job and get a prize.



Mommy and daddy are happy



The Dentist is happy and my teeth are happy and clean.

